

From Paper to Practice – A Local Community Implementation Framework for 12-16 years in Ballymun



Ballymun SFP Timeline

2007

- Oct Delivery of First Ballymun Training

2008

- Jan Site visit to Cork.
Ballymun Network agree to support & implement SFP.
SFP Management Committee set up.
- Mar SFP 1 (Pilot)
- June 2nd Round of local SFP Training
- Sept SFP 2 & 3
- Dec Lutragroup Evaluation Report of SFP 1

2009

- Feb SFP 4 & 5
- July Launch of Resource Pack and info Leaflets
- Aug Lutragroup Evaluation report for SFP 1, 2 & 3
- Sept SFP 6
- Nov Ballymun participants attend external SFP Training
- Dec SFP Calendar 2010.
Graduate Programme (Barnardos – Dec-June).

2010

- Feb SFP 7
- Sept SFP 8
- Dec SFP Calendar 2011
SFP 3rd Year Anniversary Celebration

2011

- Jan Delivery of 3rd Round of Local Training
- Feb SFP 9
- Mar 3 Year summary report of SFP in Ballymun (John Burrows)
- June Policy & Procedures Handbook
- July 2010 Lutragroup Evaluation report
Manuals adopted for SFP Ballymun
- Sept SFP 10

2012

- Jan Delivery of 4th Round of Local Training.
Introduction of Parent Advocate role.
- Feb SFP 11
- Sept SFP 12



Summary of Achievements

- 11 Programmes to Date (SFP 12 in progress)
- 1 pilot of SFP 6-12 years
- Over 100 Families have Graduated by end of 2012
(over 200 parents & teens)
- 103 Local Agency Reps and Volunteers Trained
- Parent Advocate Role Began in 2012
- Graduate Programme
- Local SFP Trainers

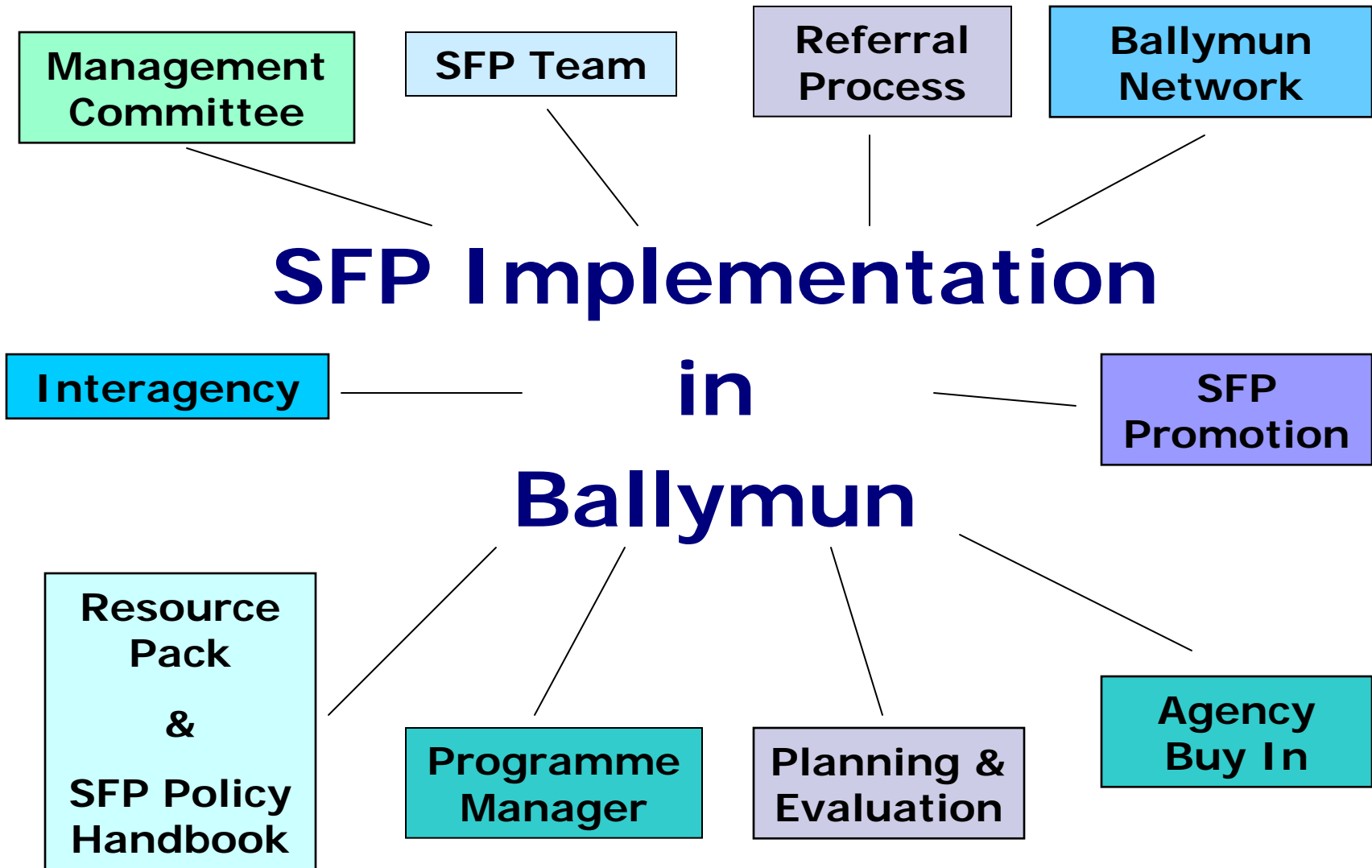
SFP in Action in Ballymun

- 2 Programmes per Year
 - Feb – May
 - Sept – Dec
- 1 SFP Facilitator Training per Year
- SFP Introductory Evening
- Numbers
 - Places offered to up to 15 families per programme
 - 8 -12 families graduate per programme
- Keeping Group numbers manageable
 - 2 Teen Groups (12-13yr olds; 14-16yr olds)
 - 2 Parent Groups
 - 2 Family Sessions



SFP in Action in Ballymun

- Large Team including Ancillary Staff
 - Programme Manager & site Coordinator
 - 4 x Parent Facilitators
 - 4 x Teen Facilitators
 - 2 x Assistant Teen Facilitators
 - 1 Floater
 - 2 x Catering staff
 - 4 x Childcare Workers
 - 1 Porter





Ballymun Network for Young People at Risk

- Began in 2005
- Originally 10-18yrs; now expanded
- Idea of a Coordinated Response
- Interagency Approach
- Protocol
 - Statutory & community/voluntary agencies
 - Sharing of appropriate information

Network Membership

- Aisling Project
- Ballymun Job Centre
- Ballymun Principals Network (Primary Schools)
- Ballymun Youthreach
- BEST (Ballymun Educational Support Team)
- BLDTF (Ballymun Local Drugs Task Force)
- BRYP (Ballymun Regional Youth Resource)
- BYAP (Ballymun Youth Action Project)
- DCC (Dublin City Council)
- An Garda Síochána
- HSE Family Resource Centre Geraldstown House
- HSE – Primary Care
- HSE – Social Work
- Mater CAMHS
- NEWB
- Trinity Comprehensive School
- Young Persons Probation
- youngballymun



Interagency Approach

- SFP - Interagency in Action!
- Local Statutory & Community/Voluntary Agencies Supporting Families
 - Facilitation
 - Referrals
 - Development of SFP in Ballymun

Agency Buy In

- Re-orienting work practices
 - SFP becoming core part of service
 - Time in lieu for facilitators

- Supervision to include SFP Role

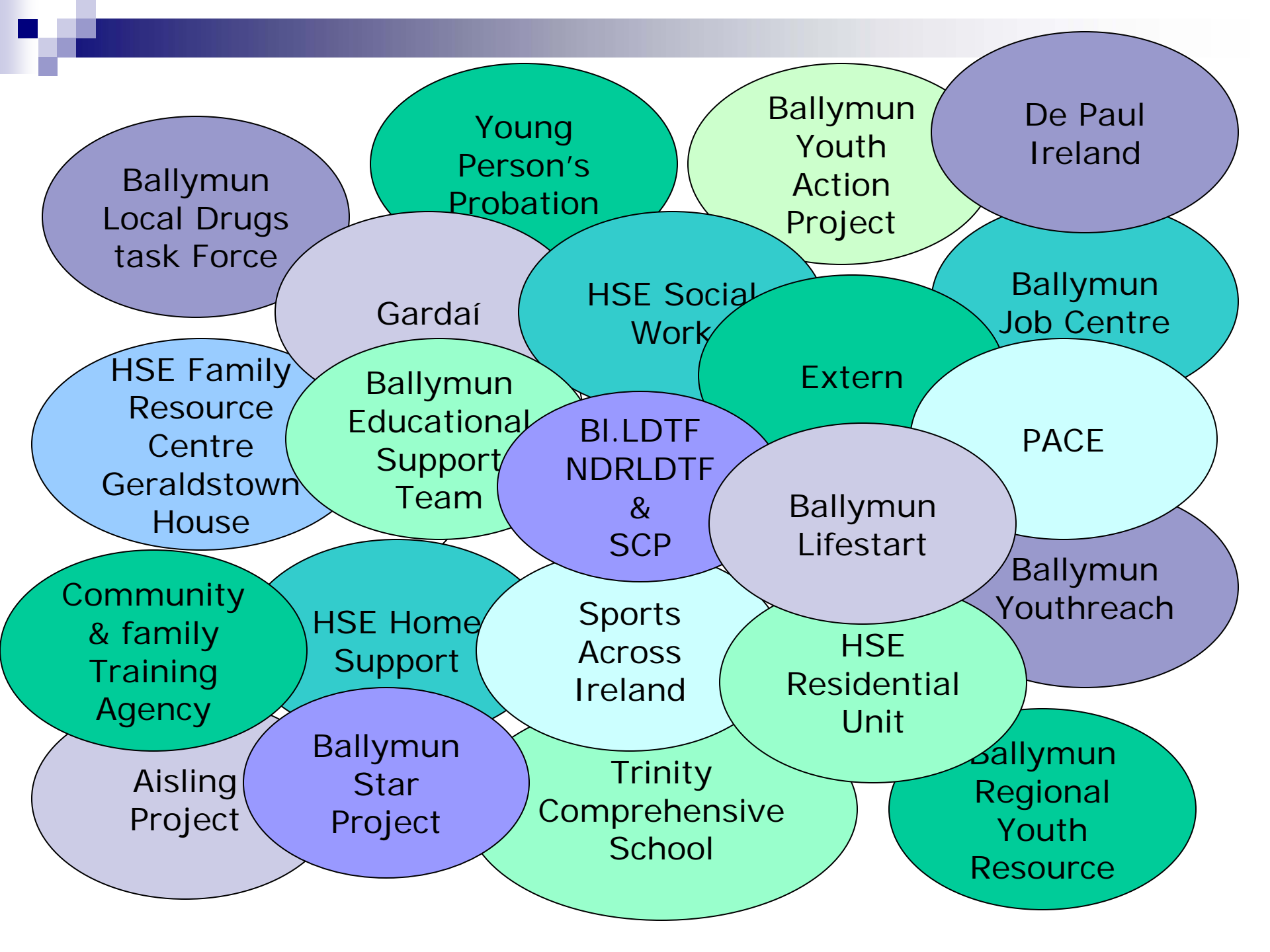
- Consistency
 - Programme
 - Families

- Benefits
 - For Agencies
 - For Families
 - For Community



Management Committee

- Funded by BLDTF
- Oversee Management, Development and Strategic Direction
- Referral Committee
- Promotion of SFP
- Guidance & Policy Support
- Meets beginning middle & end of each programme





Programme Manager

- Programme Development
- Referral Process
- Staffing
- Logistics
- Meetings
- Community Promotion

Site Coordinator

■ Pre-programme

- Liaise with Programme Manager re preparations
- Family Assessment meetings & report to R/C
- Assign groups & facilitators

■ During SFP

- Contact with families
- Venue, materials, incentives, transport
- Supervise delivery of SFP
- Brief & debrief SFP Team
- Support Childcare Staff



Site Coordinator

- Graduation Evening
- Booster Sessions Meetings
- Meetings
- Budget Management
- Evaluation
- Supervision
- Community Engagement




Parent Advocate

- To support participant parents
 - Filling in on missed sessions
 - Provide ongoing support where as appropriate
- Facilitate Graduate Programme
 - Facilitate meetings with parents where key SFP Skills can be revisited


SFP Facilitators

- Completed 2-day SFP Facilitator Training
- Primary role – delivery of SFP Programme
- Experience
 - Group work
 - Teens
 - Parents
 - Families
- Supported and supervised by agency line manager
- Meetings
 - Induction
 - Briefing & Debriefing
 - Review/Feedback



Policy & Resource Pack & Handbook

- Clear outline of Roles, Responsibilities & Policies
 - Part A-Roles & responsibilities
 - Management Committee
 - Programme Manager
 - Sit Coordinator
 - Facilitators/Assistant Facilitators/Floater
 - Referral Agents
 - Ancillary Staff



Policy & Resource Pack & Handbook

- Part B - Policy Statements
 - Confidentiality
 - Data Protection
 - Child Protection
 - Physical Restraint
 - Garda Vetting
 - Health & Safety
 - Code of Conduct
 - Drugs & Alcohol

Referral Process

- Agency & Self Referrals
- Referral Forms forwarded to Programme Manager
- Site Coordinator meets Families & Referral Agent to assess interest & suitability
- SFP places are decided at Referral committee (sub committee of Management Committee)
- Families & referral agents informed of decision



Planning & Evaluation

- On going planning by Programme Manager
- Research & Evaluation officer (BLDTF)
- Management Committee (meet 6 times per year minimum)
- SFP Team Induction
- SFP Team Briefing & Debriefing
- SFP Team review



SFP Promotion

- Teen & Parent Leaflets
- Wall Planner
- Calendar
- Wallet size planner
- Story of SFP Ballymun Poster
- Facebook
- Memory Stick
- Word on the Street!

Ballymun SFP Promotional Material



THE STORY OF SFP IN BALLYMUN

Year	SFP Programme Development
2000	Jan: Presentation of SFP to Dr. Eamon Kavanagh of Conscience in TG2
2007	Jan: First Pilot Programme Implemented in Glen
	March: Presentation to Ballymun of Early Pilot SFP at BLMPP Policy Seminar
2008	Jan: BLMPP Staff In-service Training in Glen
	Feb: Summary of First Round of Ballymun Training
	Apr: Site visit to Glen, attended by 18 reps from 16 different local agencies
	May: Ballymun Strategy for Assisting Children and Young People exposed to Substance and Alcohol Abuse
2009	Jan: SFP Management Committee set up
	Mar: 1st SFP 3 Year Progression Review
	Apr: 1st SFP 3 Year Progression Review
	May: 1st SFP 3 Year Progression Review
	Jun: 1st SFP 3 Year Progression Review
	Jul: 1st SFP 3 Year Progression Review
2010	Feb: 1st SFP 3 Year Progression Review
	Apr: Development and delivery of SFP Resource Pack for Ballymun Agencies & Information Leaflets
	May: 2nd SFP 3 Year Progression Review
	Jun: Ballymun Park (part 4) join an External SFP Training
2011	Jan: SFP 3 Year Progression Review
	Feb: SFP 3 Year Progression Review
	Mar: SFP 3 Year Progression Review
	Apr: SFP 3 Year Progression Review
2012	Jan: 3 Year Summary Report of SFP in Ballymun by J. Bunniss
	Feb: Policy and Procedures Handbook
	Apr: 2012 Longrange Evaluation Report
	May: Manual Adopted for SFP Ballymun
2014	Jan: 4th SFP 3 Year Progression Review
	Jan: 4th SFP 3 Year Progression Review

Ballymun SFP is delivered and supported by a range of statutory, community and voluntary agencies and is funded and managed by Ballymun Local Drugs Task Force.




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For further information Contact: Debbie Walker SFP Manager Ballymun Local Drugs Task Force on 01 8523142 or cwalker@ballymunltdf.ie. Web: www.ballymunltdf.ie

BALLYMUN SFP 2012 PLANNER



JANUARY	FEBRUARY	MARCH	APRIL
Mon: 6:15-7:30 AM	Mon: 6:15-7:30 AM	Mon: 6:15-7:30 AM	Mon: 6:15-7:30 AM
Tue: 6:15-7:30 AM	Tue: 6:15-7:30 AM	Tue: 6:15-7:30 AM	Tue: 6:15-7:30 AM
Wed: 6:15-7:30 AM	Wed: 6:15-7:30 AM	Wed: 6:15-7:30 AM	Wed: 6:15-7:30 AM
Thu: 6:15-7:30 AM	Thu: 6:15-7:30 AM	Thu: 6:15-7:30 AM	Thu: 6:15-7:30 AM
Fri: 6:15-7:30 AM	Fri: 6:15-7:30 AM	Fri: 6:15-7:30 AM	Fri: 6:15-7:30 AM
Sat: 6:15-7:30 AM	Sat: 6:15-7:30 AM	Sat: 6:15-7:30 AM	Sat: 6:15-7:30 AM
Sun: 6:15-7:30 AM	Sun: 6:15-7:30 AM	Sun: 6:15-7:30 AM	Sun: 6:15-7:30 AM

SFP Quick Recap

Parent Group

Site Group

BALLYMUN SFP 2012 PLANNER



The Strengthening Families Programme is a 16-week family skills programme for parents/guardians and teens (10-16 years). Ballymun SFP is delivered and supported by a range of statutory, community and voluntary agencies. The programme is managed and funded by Ballymun Local Drugs Task Force. For further information contact: Debbie Walker, SFP Manager, Ballymun Local Drugs Task Force on 01 8523142 or cwalker@ballymunltdf.ie. Web: www.ballymunltdf.ie

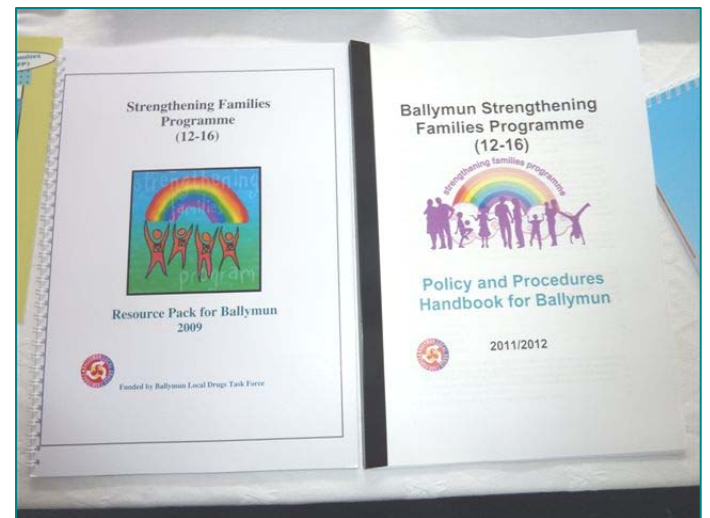
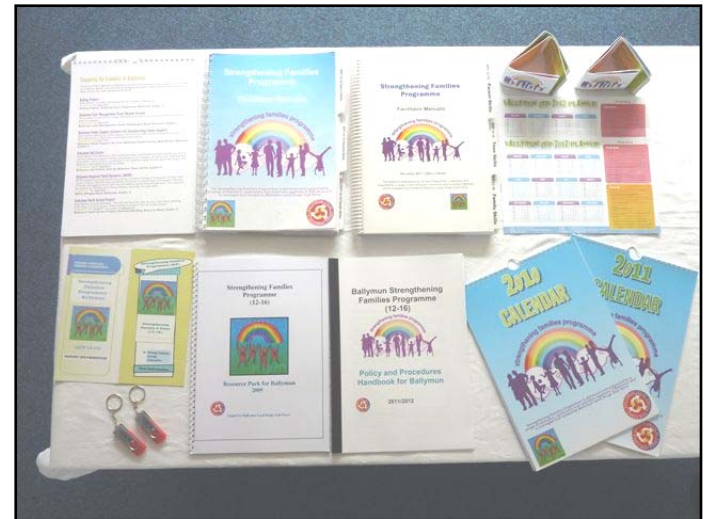
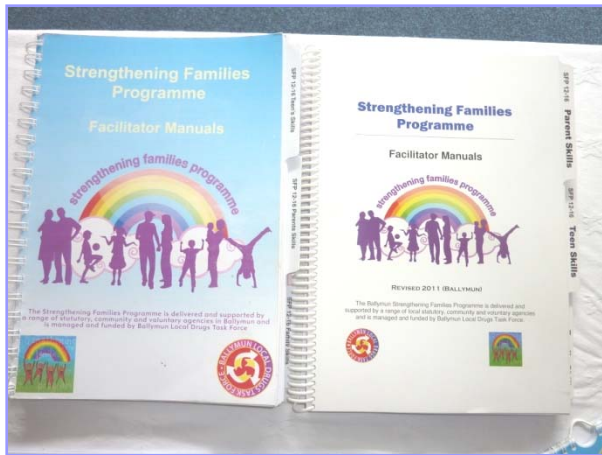


Find us on Facebook

SFP Quick Recap

Parent Group

Site Group





Wall

- Info
- Photos (3)
- Friends

- Friends (82)**
- Mary Catherine ...
 - Kellie Murphy
 - Winnie Ryan
 - Alison Hayden
 - June Caffrey
 - Paula Mooney
 - Catherine Duncan

Ballymun Strengthening Families Programme

Worked at Ballymun Local Drugs Task Force Lives in Ballymun From Ballymun

Write post Add photo/video

Write something...

Ballymun Strengthening Families Programme
 REMINDER: SFP graduation tuesday night at 7pm in Geraldstown House - come down for some food and to say hello! AND Parent Support Programme on Wednesday at 12 NOON - just for the mums and dads :)

Like · Comment · Share · 28 May at 09:22 ·

Catherine Duncan and 5 others like this.

Ballymun Strengthening Families Programme Note: Parent Support Programme is being held in Drop In Well on wednesday at 12 noon :)

28 May at 11:37 · Like

Write a comment...

- RECENT ACTIVITY**
- "Happy Birthday June! :)" on June Caffrey's Wall. · See friendship
 - Ballymun is now friends with Tracey Farrell and 3 other people.
 - Ballymun is now friends with Clara Desmond and Nadia Sheridan.

Ballymun Strengthening Families Programme
 SFP Graduation coming up on May 29th - Geraldstown House at 7pm! All past families and friends invited to come along to celebrate 11 more families graduating from this family skills programme! And if you'd like to come talk to us about the Parent Support Programme - this is your chance!

Like · Comment · Share · 14 May at 09:40 ·

Friends Message Call

Sponsored Create an advert

FREE IRELAND CAR KIT!

Only with Saturday's Irish Mirror. Click here for details



3,149 people like Irish Daily Mirror.

Are you a Warrior?

The world's largest running series is hitting Ireland on September 1. Sign up now!



Ramona Parkes likes Warrior Dash.

The Picture Rooms

Father's Day Gift Idea: Get your child's portrait taken in an affordable photo shoot.



Like · 583 people like this.

Expert Security Training

Expert Security Training Courses from Education Choice. PSA license and Security Training



123 people like Education Choice Training.

In-Depth Page

Chat (8)

Outcomes - 2010

Family

	Organisation	Cohesion	Com.	Conflict	Strengths/Resilience
Ballymun Pre Test	2.32	3.29	2.87	3.22	2.76
Ballymun Post Test	3.79	4.41	4.24	2.37	4.12

Parenting

	Pos. P	Parental Involvement	Skills	Supervision	Efficacy	A&D
Ballymun Pre Test	3.8	3.06	3.13	2.81	2.78	1.65
Ballymun Post Test	4.8	4.18	4.08	4.31	4	1.49

Teen

	Overt Aggr.	Covert Aggr.	Concentration	Criminality	Hyperactivity
Ballymun Pre Test	2.52	2.55	2.67	1.09	2.98
Ballymun Post Test	1.75	1.93	3.46	1.03	3

	Social Behaviour	Depression
Ballymun Pre Test	4.2	2.85
Ballymun Post Test	4.41	1.96

Outcomes - 2011

Family

	Organisation	Cohesion	Communication	Conflict	Strengths/Resilience
Ballymun Pre Test	2.22	3.25	2.82	3.5	3.03
Ballymun Post Test	4	4.22	4.28	2.69	4.09

Parenting

	Pos P.	Parental Involvement	Skills	Supervision	Efficacy	A&D
Ballymun Pre Test	3.54	3.57	3.3	2.53	2.74	1.71
Ballymun Post Test	4.52	4.43	4.02	4.23	4.09	1.61

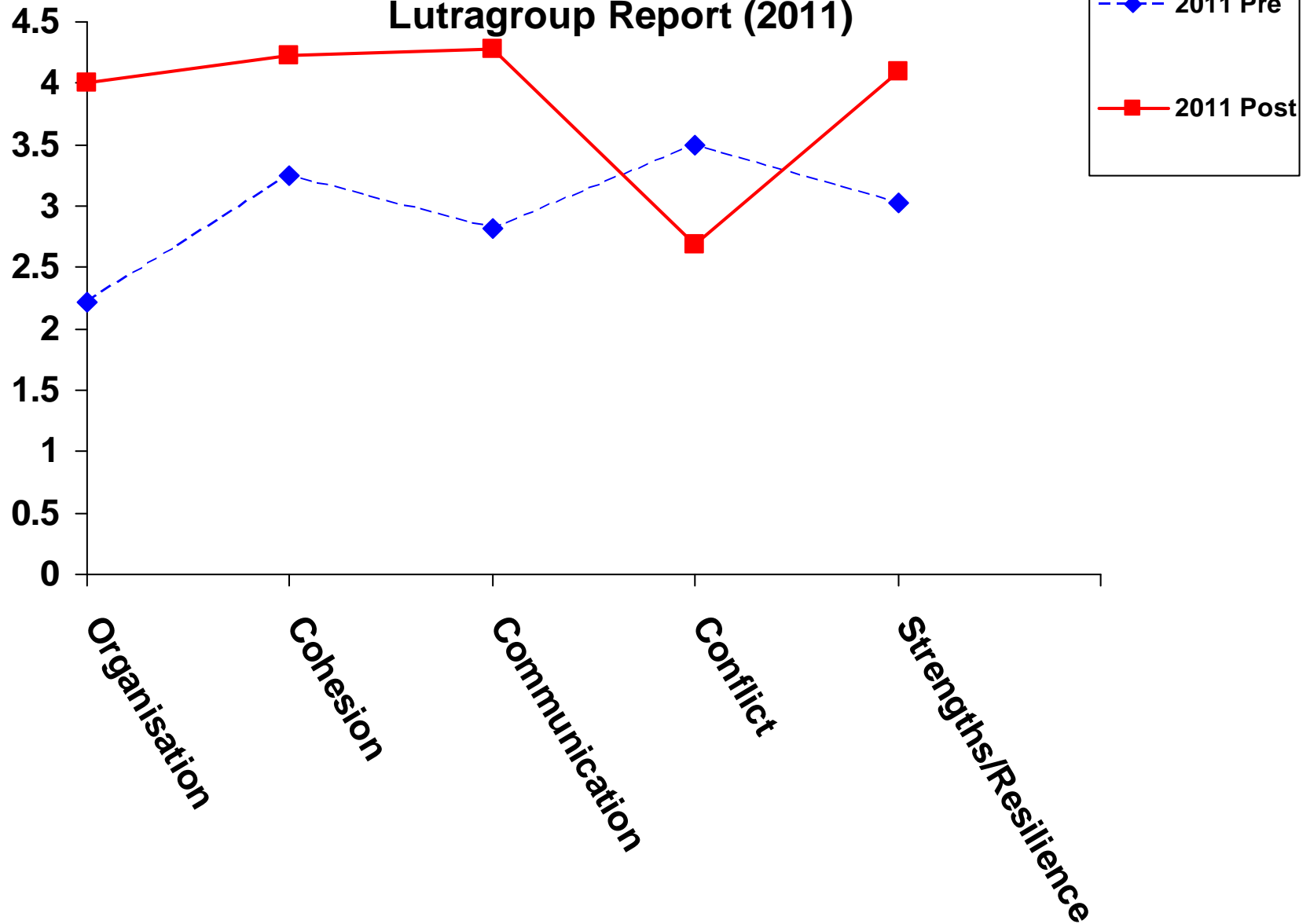
Teen

	Overt Agg.	Covert Agg.	Concentration	Criminality	Hyperactivity
Ballymun Pre Test	2.35	2.31	3.05	1.17	3.15
Ballymun Post Test	1.93	1.94	3.78	1.03	3.28

	Social Behaviour	Depression
Ballymun Pre Test	4.22	2.4
Ballymun Post Test	4.31	1.97

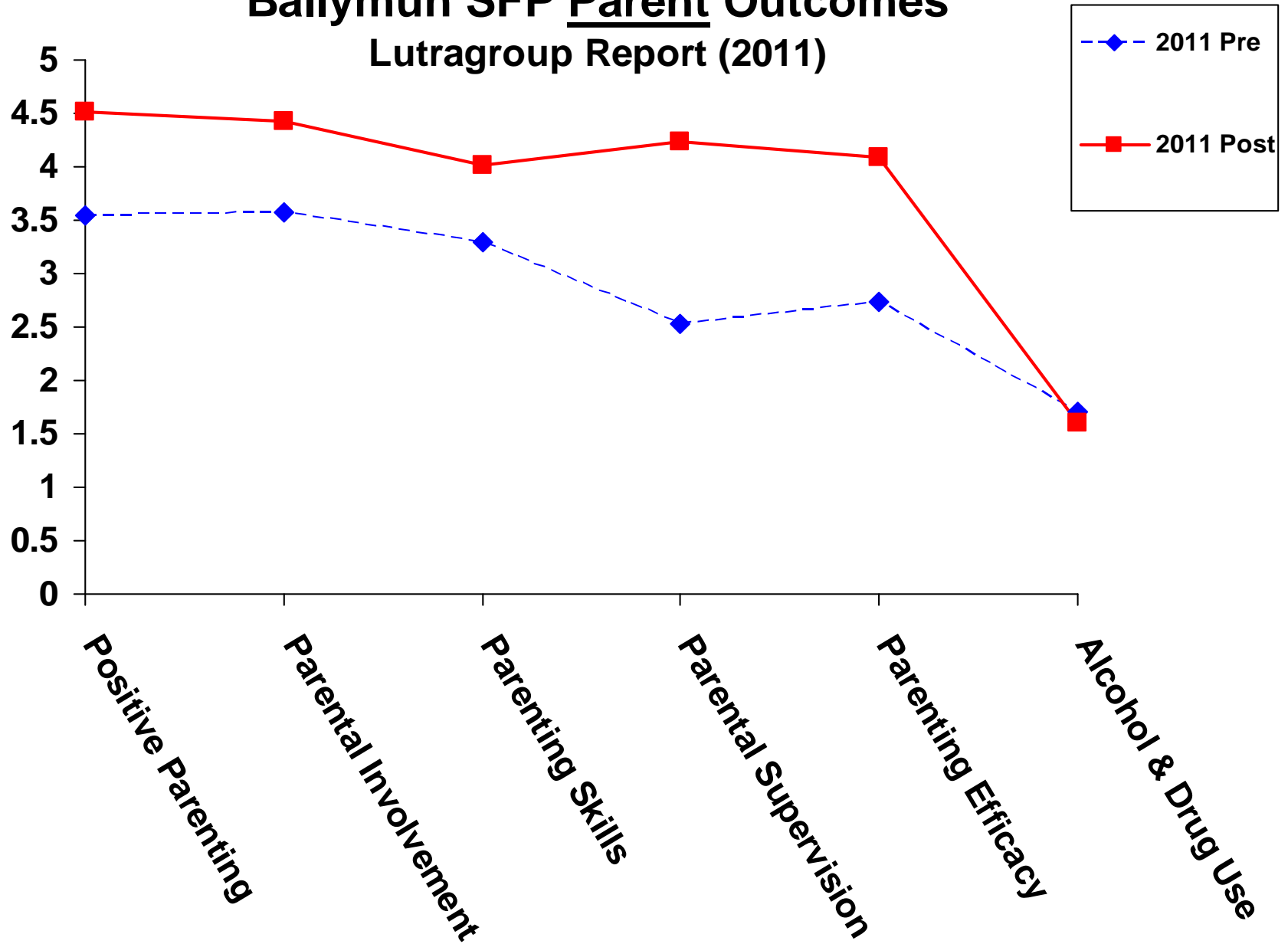
Ballymun SFP Family Outcomes

Lutragroup Report (2011)



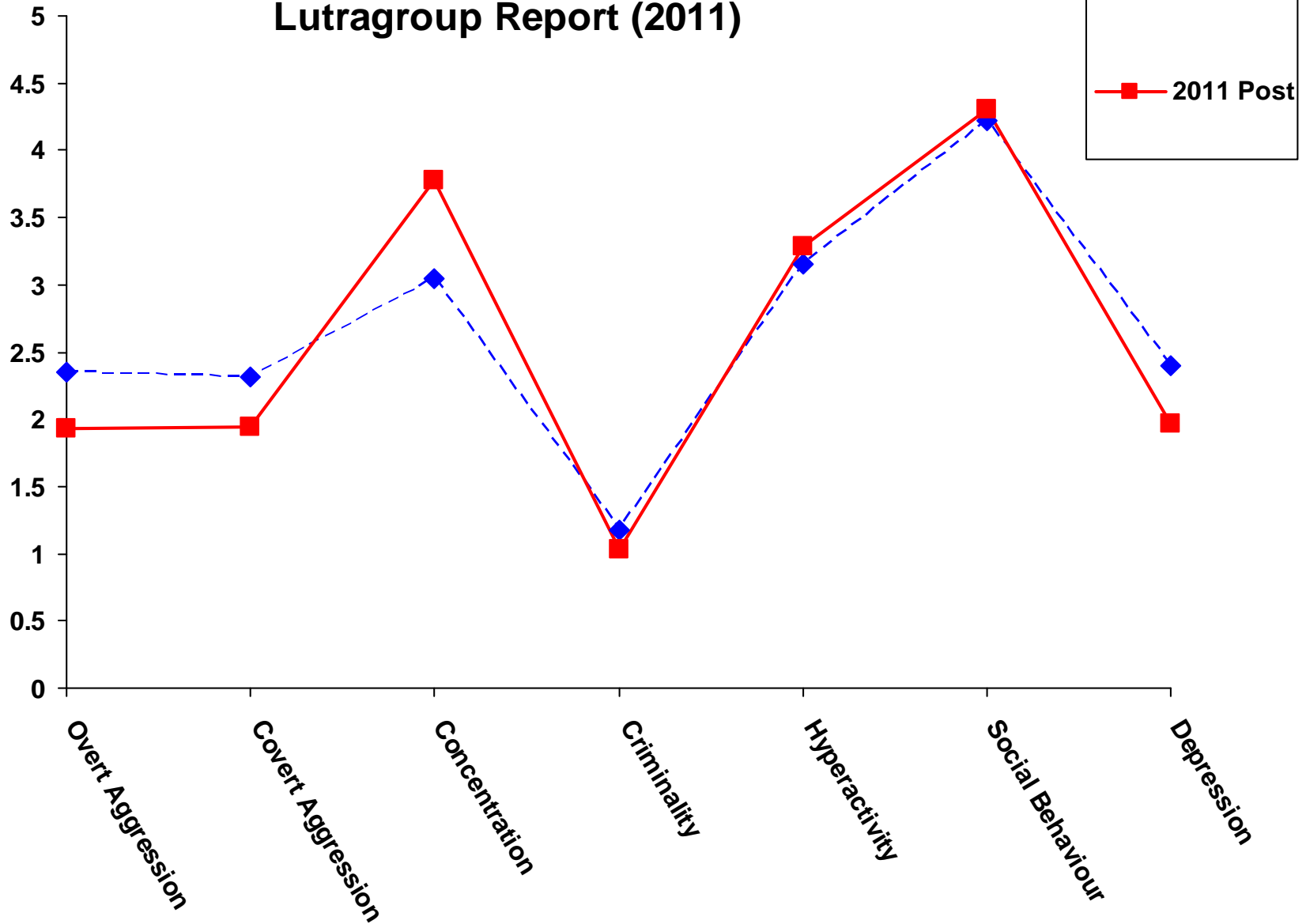
Ballymun SFP Parent Outcomes

Lutragroup Report (2011)



Ballymun SFP Teen Outcomes

Lutragroup Report (2011)





Ongoing Challenges

- Sustainability
 - Facilitators
 - Funding
- Keeping the Session Content Engaging
 - Especially for Younger Teens (12-13yr olds)
- Graduate Support
 - Responding to requests
 - Keeping Families Engaged

Thank You

Further Information -

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